

Autumn Newsletter

2026



Welcome to Living Potential's Autumn Newsletter

Apple & Harvest Festival 2026

Join us on Sunday 20th September, 11am–3pm, for our 2026 Apple & Harvest Festival! This year is extra special as we celebrate 10 years of Living Potential. We're also honoured to welcome **three mayors** to help us celebrate this memorable occasion.

Come along and explore the farm, meet our friendly animals, discover our beautiful Community Gardens and enjoy a fun-filled day celebrating all things apple and harvest. With fresh air, tasty treats and plenty of good vibes, it's the perfect day out for families and friends! [Book your tickets here.](#)



Our members have been keeping busy at the farm with apple picking, caring for the animals and creative sessions in the woods to name just a few. There's always plenty going on at with opportunities to learn new skills, get outdoors and enjoy time together.



Out and Active Men

Our Men's Mental Health Group offers a friendly and supportive space for men living in North Yorkshire to come together, get outdoors and enjoy time at the farm.

Sessions include practical activities, time in nature and the opportunity to chat, connect with others and simply enjoy being part of a welcoming group.

- Every Friday
- 10am – 3pm

Whether you're looking to meet new people, try something different or spend some time away from the pressures of everyday life, you'll be made very welcome.

Please contact Andy, our Head Grower for more information and to arrange a visit on 07724544359, or have a look at our website here.



Hope Pastures Visit

Our members enjoyed a visit to Hope Pastures, the horse and donkey sanctuary, spending time meeting the animals and enjoying a change of scenery.

We're hoping this can become a regular opportunity for our members to enjoy, giving everyone the chance to experience it. A big thank you to everyone at Hope Pastures for making us feel so welcome.



Tanya shortlisted for Unsung Hero Award

We're delighted that our founder, Tanya Bish, has been shortlisted for the Unsung Hero Award at the Hope Awards 2026.

We're incredibly proud of Tanya, and see this nomination as a reflection of the whole Living Potential team, our staff, volunteers, members and supporters who make the farm what it is. Good luck, Tanya!



Great Yorkshire Show

We had a fantastic time at the Great Yorkshire Show, joining Out Together LGBT and enjoying the opportunity to meet new people, make connections and share more about the work we do here at Living Potential.



National Lottery Heritage Fund



The latest workshops in the Community Gardens, made possible by the National Lottery Heritage Fund, were Medicinal Plants, Willow Weaving and Meet the Bees. Attendees enjoyed learning new skills, discovering more about nature, our gardens and spending time together in this beautiful community space. Scan this QR code to see what else we have coming up.



Also as part of our National Lottery Heritage Fund project, we've welcomed Leeds College of Building students restore the walls and gain hands-on experience in traditional lime mortar techniques, helping us preserve an important part of the gardens' heritage.



Out on the Farm 2026 🌈

We were delighted to once again host Out on the Farm in partnership with Out Together, welcoming the LGBTQ+ community for one of our favourite annual get-togethers.

It was a wonderful afternoon filled with friendship, music, animals, laughter and plenty of fun, with Daniel Winters providing the soundtrack.

Events like this are particularly important for people living in rural communities, where inclusive spaces and opportunities to connect can sometimes be harder to find. We're proud to provide a welcoming space where people can meet, build friendships and enjoy being part of a supportive community.

A huge thank you to Out Together, Daniel and everyone who joined us and helped make it such a brilliant afternoon.

